

Information for Patients and Carers

Minor Surgery - Patient information

General practice



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This leaflet is to provide you with details regarding your upcoming minor surgical procedure at Kirton Lindsey and Scotter Surgery. Your small operation is required as we need to either completely remove a skin lesion called excision, or take a small sample of a lesion called a biopsy.

Pre-procedure	Blood thinning medication	If you are taking any medications which thin the blood e.g. Warfarin, Rivaroxaban, Apixaban, Clopidogrel, Aspirin or others, it is important to discuss this with a Doctor as they may need to be stopped for a short period before your procedure. You must not however stop taking the medication without the advice of a Doctor.	
	Eating and drinking	You can eat and drink as normal before your procedure.	
	Driving	Usually, if able, patients attend their appointment alone; however it may be helpful for you to have someone drive you to and from your procedure.	
During	Local anaesthetic	The procedure will be conducted using a local anaesthetic injection to numb the skin. (This is similar to the numbing injections used at the dentist).	
	Time	The procedure should take around 30 minutes . You will need to lay flat and still for this period of time.	
	Tissue sample	If required the skin sample removed will be sent for testing, which will hopefully provide a diagnosis. This may take a few weeks for the result to return and you will be contacted. If you think you should have received a result but haven't please contact us.	
Post procedure	Aftercare	Keep the site clean and dry for 24-48 hours You may need to take simple over the counter pain killers once the numbing effect wears off. Take it easy after the procedure with no strenuous or excessive use or stretching of the body area as this may disrupt stitches. If you have had non dissolvable stitches we will need to arrange with you when these are to be removed, usually an appointment 7-10 days after your procedure.	
	Complications	Bleeding	There may be a small amount of bleeding at the site afterwards. Usually firm compression for 5-10 minutes at the site should stop the bleeding. If there is excessive bleeding or you are concerned please seek medical advice.
		Infection	There is a small risk that the site may become infected. Signs to look out for are if the area becomes, red, hot, swollen or tender. If you are concerned this is the case, please seek medical attention, you may need antibiotics.
		Scarring	Due to the invasive nature of the procedure, this will likely leave a scar. Surgery on the chest or upper back is more likely to cause a lumpy "keloid" scar. It is impossible to predict if this will occur.

Information for Patients and Carers

REFERENCES

North Lincolnshire and Goole (2016)
"Minor Surgery – Patient
information" *Available at*
www.nlg.nhs.uk

CONTACT DETAILS

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